

"The Science of Living"

To know oneself and to control oneself.

An aimless life is always a miserable life.

Every one of you should have an aim. But do not forget that on the quality of your aim will depend the quality of your life.

Your aim should be high and wide, generous and disinterested; this will make your life precious to yourself and to others.

But whatever your ideal, it cannot be perfectly realised unless you have realised perfection in yourself.

To work for your perfection, the first step is to become conscious of yourself, of the different parts of your being and their respective activities.

The Mother

5th Edition @ GNLU Campus

Pioneering Integrated Legal Professional & Career Models (Using Legal, Psychological & Spiritual, Mental Health & Work-Culture Practices)

Skills for Conduct of Advocates (BCI) Legal Corporate, Law-Firm Judiciary, PSUs, MNCs Teaching, Research & Policy Work-Ethics

What will you learn from Workshop?

Tools for Successful Career

- ➤ Your area of interest in law, career & focus.
- Right attitudes litigation/law-firm/ corporate/judicial/academics/policy/ research/Govt/PSUs/field work/community service/technology solutions etc., in careers.
- Resolving dilemmas of right & wrong, moral & ethical, profit motive & competition, integrity & individuality.
- ➤ Developing Self-Discipline, dignity, identity, clarity, communication, mental-peace, team-spirit, work-culture, futuristic leadership.
- Overcoming issues in work-space to avoid Professional Misconduct (low-esteem, dullness, upset, fear, uncertainty, anger, negative stress).
- ➤ Handling clients, empathy, negotiate fees, ADR, emotional burn-out.
- ➤ Learning "The Science of Living" by The Mother", 4 Aspects of Truth, Mental Health, Self-organization, Awareness, Attention, Mindfulness & Conscious Collaboration.



Gujarat National Law University

PROFESSIONAL SKILLS & VALUES WORKSHOP

1st Aug - 10th Aug, 2025





Special Inaugural Address Prof. Dr. S. Shanthakumar Vice-Chancellor, GNLU.



Key Address Prof. Dr. R. Girish Dean, Academics, GNLU.



Guest Address Prof. Dr. Nitin Malik Registrar, GNLU.

"True knowledge is not attained by thinking. It is what you are; it is what you become." - **Sri Aurobindo**



Workshop Trainer

Prof. Dr. K. Parameswaran

Professor of Law & Former Dean-Academics, Alumni & External Affairs, Gujarat National Law University (GNLU).

Master Trainer in

Neuro Linguistic Programing (NLP) Cognitive Behavioural Therapy (CBT) Solution Focused Brief Therapy (SFBT) Integrated Clinical Hypnotherapy (ICH) Law, Religion, Spirituality & Justice (LRSJ) Ethics Skills Development (ESD).

Advisor - Project for Integrating Spirituality, Law & Politics (USA), Governing Board-Auroville Foundation, MHRD, Govt of India & UNESCO (Former), WCEL (IUCN), International Consortium for Law & Religion.



Professional Skills & Values Workshop

Who can join?

All those interested in conscious Self-Development & Excellence to make legal career & life meaningful for themselves & to others.

To Register:

https://forms.gle/SkgDCNDHMrab261B6

To Pay: Rs 1000/- INR https://rzp.io/rzp/47pFVU6J Last Date: 31st July, 2025

Workshop Dates: 1st-10th, Aug 2025

Venue: GNLU Campus **Time**: 6.00 – 7.15 pm **Number of Seats**: Limited

Attendance: Compulsory for Certificate

Workshop Model: Creative Exercises &

Demonstrations

Contact: <u>kparameswaran@gnlu.ac.in</u>

Mobile: 9429174064

Other Details: After your Registration

Professional Brain-Mind Structure

