

GNLU PRESS NOTE No. 15/2020

A training programme on Image Building was conducted for Police officers at Gujarat National Law University (GNLU)

Gandhinagar, February 29, 2020: A training programme on Image Building was conducted for Police officers at Gujarat National Law University (GNLU) today. 50 police officers from Ahmedabad and Gandhinagar participated in the programme.

The programme was inaugurated by Inspector General of Police (Law & Order) Shri Narshimha Komar. In his inaugural address, Shri Komar said that police has to perform under severe stress for long hours. As a result, they are unable to maintain work-family life balance which in turn tells upon their mental state. In this context, periodical training of such nature is necessary to improve the image of the police force.

In his welcome address, GNLU Director Dr Shanthakumar stressed upon the need for the police force to build a positive image in society.

The training was imparted by Ms Kavita Dhillon, a Delhi-based renowned Image Consultant, who has vast experience of conducting similar training programs for senior IAS/IPS officers and army personnel and by Dr Nisha Khanna, a Psychologist. Ms Dhillon demonstrated some exercises for getting rid of work-related stress. Dr Khanna dealt with the problem of negativity and stress around the workplace.

The programme was organized under the aegis of Police Academia Interaction Forum and GNLU Center for Research in Criminal Justice sciences.

Media Contact:

Ashok Shah

Email: 9909960240, 8849110049