

# **Gujarat National Law University**

### Gandhinagar, Gujarat, India

Gandhinagar, Tuesday, September 1, 2015

#### GNLU PRESS NOTE No. 12/2015

<u>"First Aid Training Programme" – by GNLU in association with Rashtriya Life Saving Society</u>

Dear Sir/Madam,

Greetings from GNLU!

Gujarat National Law University (GNLU), since its inception in 2003, has witnessed perpetuated augmentation in its efficiency and quality each year towards being a world class Law University. Today, it has excelled to the peak of the mountain of the knowledge with the commendable support of its faculty, staff and students. GNLU takes a holistic approach when it comes to the development of the students as well as its faculty and staff members. Towards this initiative, GNLU has conducted various workshops, training programmes, orientation programmes for the students as well as faculty and staff members, wherein the major objective has been to make them trained in every sphere of life and help them become a good citizen.

In continuation of such initiatives, GNLU will be conducting a Course on First – Aid Training programme on 2<sup>nd</sup> & 3<sup>rd</sup> September 2015, in association with Rashtriya Life Saving Society for the staff and students.

As we all know that First aid is the immediate and temporary aid provided to a sick or injured person until medical treatment can be provided, this course is of utmost importance. It generally consists of series of simple, life-saving medical techniques that a non-doctor or lay person can be trained to perform with minimal equipment.

The major objective of this course is to empower the participants with knowledge and skills to provide basic first aid to assist in a victim's survival prior to transfer to a medical or paramedical facility and constitute a group of trained first aid professionals. The GNLU aims at preparing a team of such professionals for the safety and security of the surroundings and fellow human being and be prepared for the unseen emergencies and become trained in disaster management.

The Training programme will include the following:

- 1. General information and basic principles of first aid.
- 2. Train first aid people in early assessing of medical emergency (primary survey) and CPR (Cardio Pulmonary Resuscitation) cases (Victims with no breathing or pulse through CPR).
- 3. Train first aid people in special medical emergency case (Bleeding External / Internal, Fractures and Dislocations, Head / Neck / Back Injuries, Shock / Electric shock, Burns simple / severe / chemical, Heart attack, Ear / Eye / Nose emergency. Heat Stroke, Poisoning, Snakebites).



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4. Train by using practical experiences and conducting simulation of probable scenarios in a particular environment.

Benefits of this course will be tremendous which will also be visible and measurable among the participants after completion of the course. An individual who knows the skills to help a person in distress is an assist at home, in transit, or in a social or work environment. The benefits in terms of money spent in training versus money spent after an emergency is vast. This will help the individual, society and organization to be seen as one that is concerned for the safety of its people.

The training programme will include theory, discussion, simulation method, practical, and a questionanswer session which will be followed by an evaluation with the help of practical skill and written test at the end of the programme.

After the completion of this course, the participants will receive a Certificate endorsed by the International Life Saving Federation and Royal Life Saving Society (Common Wealth) and will become Certified First-Aiders. This certification will be valid for one year, after which one needs to refresh the training further.

For further details about this programme, please contact Dr. Joshua Aston, Assistant Professor of Law and Dean – Students' Welfare, GNLU (jaston@gnlu.ac.in).

Attalika Avenue, Knowledge Corridor, Koba, Gandhinagar, Gujarat, India – 382007 Ph: +91-79-23276611/12,Fax:+91-79-23276613, Email: contact@gnlu.ac.in, Website: www.gnlu.ac.in